



Polara Health

GUIDING YOUR WAY TO WELLNESS SINCE 1966

Before Your First Appointment with Polara Health

Prescott locations;

642 Dameron Dr. Prescott. 86301

625 Hillside Ave. Prescott. 86301

505 S. Cortez St. Prescott. 86301

Prescott Valley locations;

3345 N. Windsong Dr. Prescott Valley. 86314

3347 N. Windsong Dr. Prescott Valley. 86314

Chino Valley location;

555 W. Rd. 3 N. Chino Valley. 86333

Camp Verde location;

321 W. Apache Trail Camp Verde. 86322

Walk-In Hours for Intake: Monday through Friday, 7:30 am to 3:00 pm
928-445-5211 (ext 4000 for questions on eligibility)

Welcome to Polara Health. Our new clients typically begin their entry into care at any of our above locations. We are able to take people without an appointment the same day they choose to enter care. However, to ensure things go as quickly as possible, we do encourage you to call first so that we may screen you and make your chart. Appointments are available for those who live a distance from the clinic or who have special needs. The entire intake/assessment process takes about two hours. Paperwork will be filled in and reviewed during the registration process, which is the first part of your appointment. The interview with the therapist takes about 90 minutes.

Items you may need to bring (please review the specifics with staff when you make a screening call):

- Driver's License or Picture ID
- Social Security Card
- AHCCCS/Insurance Card
- Medicare Card
- List of Medications with Dosages
- Proof of Income
- Proof of Citizenship (if not on AHCCCS)
- Birth Certificate or Naturalization Paperwork
- Passport

Note: some of the above may not be needed. But better to bring more, just in case

If the new client is under age 18, the legal guardian must be present. Please bring the following for children:

- Birth Certificate
- Parent or legal guardian photo ID
- AHCCCS/Insurance card
- Custody agreement, if Parents are divorced OR legal documents by the court or document notarized (stating behavioral health services)
- "Notice to Provider" if in foster care