A place where everyone feels they belong



#### FOR IMMEDIATE RELEASE

Polara Health - The Healing Place Opens April 24th, 2023

Q2 2023

Polara Health has recently launched a cutting-edge community behavioral health hospital, named The Healing Place, which commenced its operations on April 24th. The facility, situated at 181 Whipple Street in Prescott AZ, provides a comprehensive array of mental health services for individuals with acute and chronic psychiatric challenges who require inpatient care. These services were previously offered at Polara Health's Windhaven Psychiatric Hospital in Prescott Valley, but have now been relocated to the new location.

The facility is equipped with the latest technology and staffed by a team of experienced mental health professionals, including psychiatrists, psychiatric nurse practitioners, nurses and behavioral health providers. The Healing Place is designed to provide a safe, supportive and therapeutic environment for clients, with comfortable accommodations and amenities that promote healing and recovery.



"We are excited to open our doors in our new space and serve the mental health needs of our community," said Erin Kantor, Chief Clinical Officer for Polara Health.

The Healing Place provides comprehensive inpatient treatment services including psychiatric evaluation, medication management, group psychotherapy, recreational therapy, and education on coping skills and stress management. Our goal is to provide the highest quality mental health care possible, with a focus on patient–centered, whole person care. "We believe that every patient has the potential for healing and recovery and we are committed to helping achieve their goals. Being in an environment that supports healing and recovery is key. We are delighted that our new hospital provides such an environment, " said Tamara Player, President and CEO.

If you or someone you know is in crisis, please contact our Crisis Stabilization Unit in Prescott Valley. The CSU is open 24/7 and you can walk in our doors at 8655 E Eastridge Drive, Prescott Valley or call 928-445-5211. Polara Health's Crisis Stabilization Unit is our first point of contact and the doors are open to all.

# Renew your AHCCCS Coverage Today

## IT IS TIME TO RENEW YOUR

AHCCCS COVERAGE

Scan the bar code for more information or call 1-844-390-8935

AHCCCS is returning to regular renewals beginning April 1st



# SCAN ME

### What Can Members Do to Prepare?

- Make sure your mailing address, phone number, and email address is correct. Login to www.healthearizonaplus.gov, or call Health-e-Arizona Plus at 1-855-HEA-PLUS (1-855-432-7587), Monday through Friday 7:00 am - 6:00 pm.
- Check your mailbox for a letter from AHCCCS about renewal of coverage
- Respond to any requests from AHCCCS for more information so the agency can accurately determine your eligibility.



## DON'T RISK A GAP IN YOUR MEDICAID OR CHIP COVERAGE. **GET READY TO RENEW NOW.**

Following these steps will help determine if you still qualify:







Make sure your contact information is up to date

for a letter.

Complete your renewal form (if you get one).

#### Have Questions?

Visit

www.healthearizonaplus.gov

1-855-HEA-PLUS (1-855-432-7587)

for help or to update your contact information today.

Sign up for texts or emails from AHCCCS about your renewal. Login to (or create) your Health-e-Arizona Plus account.

# AHCCCS - Office of Individual and Family Affairs



Scan the barcode for . tools to help navigate behavioral health care needs and advocate for you and your family.



**SCAN ME** 

# Mental Health Moments

May is Mental Health Awareness Month... We have created Mental Health Moments that are short videos on how to make a difference in your mental health or that of a loved one. Great ideas and/or resources. Check us out!

